

# Symptoms of Coronavirus (COVID-19)

Know the symptoms of COVID-19, which can include the following:



**Symptoms can range from mild to severe illness, and appear 2-14 days after you are exposed to the virus that causes COVID-19.**

**Seek medical care immediately if someone has emergency warning signs of COVID-19.**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

This list is not all possible symptoms. Please call your healthcare provider for any other symptoms that are severe or concerning to you.



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

# Stop the spread of germs that can make you and others sick!



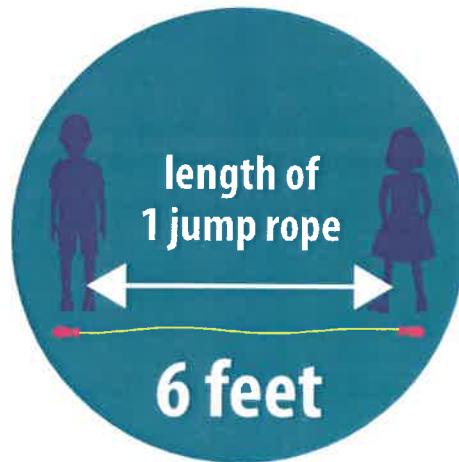
Wash your  
hands often



Wear a cloth  
face cover



Cover your coughs  
and sneezes



Keep **6 feet** of space  
between you and  
your friends



# WASH YOUR HANDS

**1 Wet**



**2 Get Soap**



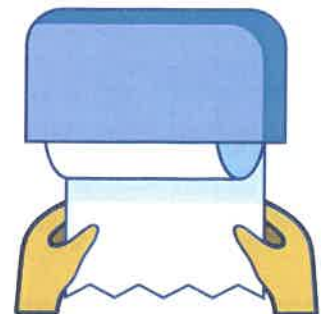
**3 Scrub for at least 20 seconds**



**4 Rinse**



**5 Dry**



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)



# Wear a Mask to Protect You and Your Friends

## PUT ON



WASH YOUR HANDS



PLACE OVER NOSE AND MOUTH

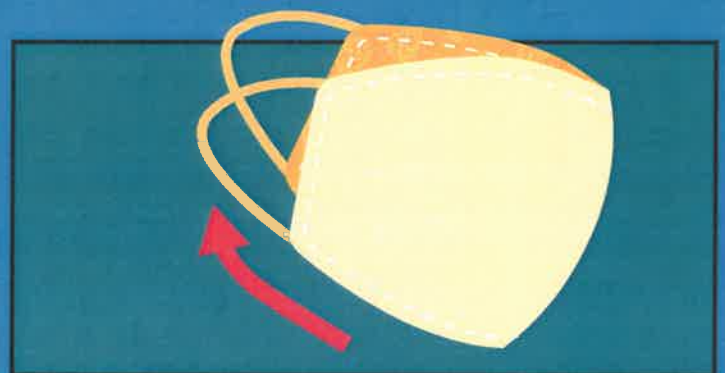


MAKE SURE YOU CAN  
BREATHE EASILY

## TAKE OFF



TAKE OFF YOUR MASK



FOLD OUTSIDE CORNERS TOGETHER



PUT ASIDE FOR WASHING



WASH YOUR HANDS

WASH YOUR HANDS OFTEN, WEAR A MASK, AND  
STAY 6 FEET FROM OTHERS.



[cdc.gov/coronavirus](https://cdc.gov/coronavirus)

# Cover Coughs and Sneezes

Stop the spread of germs  
that can make you and others sick!



Cover your  
mouth and nose  
with a **tissue**  
when you  
sneeze or cough.



If you don't  
have a tissue,  
use your  
**elbow.**



Wash hands  
often, **especially**  
after coughing  
or sneezing.



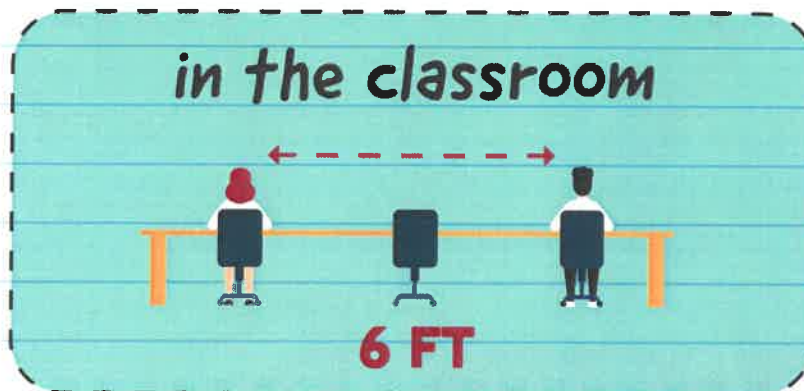
Students: Let's work together to stop the spread of COVID-19

# KEEP SPACE BETWEEN YOU AND OTHERS

when outside



in the classroom



on the bus



[cdc.gov/coronavirus](https://cdc.gov/coronavirus)