Symptoms of Coronavirus (COVID-19)

Know the symptoms of COVID-19, which can include the following:

- Cough, shortness of breath or difficulty breathing
- Fever or chills
- Muscle or body aches
- Vomiting or diarrhea
- New loss of taste or smell

Symptoms can range from mild to severe illness, and appear 2-14 days after you are exposed to the virus that causes COVID-19.

Seek medical care immediately if someone has emergency warning signs of COVID-19.

- Trouble breathing
- Inability to wake or stay awake
- Persistent pain or pressure in the chest
- Bluish lips or face
- New confusion

This list is not all possible symptoms. Please call your healthcare provider for any other symptoms that are severe or concerning to you.

cdc.gov/coronavirus
Stop the spread of germs that can make you and others sick!

- Wash your hands often
- Wear a cloth face cover
- COVER YOUR COUGHS AND SNEEZES
- KEEP 6 FEET OF SPACE BETWEEN YOU AND YOUR FRIENDS

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WASH YOUR HANDS

1. Wet
2. Get Soap
3. Scrub for at least 20 seconds
4. Rinse
5. Dry

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Put on:
- Wash your hands
- Place over nose and mouth
- Make sure you can breathe easily

Take off:
- Take off your mask
- Fold outside corners together
- Put aside for washing
- Wash your hands

Wash your hands often, wear a mask, and stay 6 feet from others.

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Cover Coughs and Sneezes

Stop the spread of germs that can make you and others sick!

Cover your mouth and nose with a tissue when you sneeze or cough.

If you don’t have a tissue, use your elbow.

Wash hands often, especially after coughing or sneezing.

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Students: Let's work together to stop the spread of COVID-19

KEEP SPACE BETWEEN YOU AND OTHERS

when outside

6 FT

in the classroom

6 FT

on the bus

try to skip a row if possible

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